

Practice Management Insight

A report on events affecting behavioral health and substance abuse providers

October 2016

ThinkHealth Update v3.90

OrionNet Systems deployed another update for ThinkHealth this month. With constant changes revolving around mental health and state requirements, updates seem to roll out frequently. The latest update, v3.90 consisted of updates and changes to the Progress Notes Module and the Scheduling Module.

Some updates are centered on specific changes such as specifying Facility Type for a Service Location, changing specific rates, adding new ICD 10 codes, or modifying a module to meet new requirements the state has implemented, these updates also include resolving any system issues that are found.

“After several ThinkHealth updates and deployments this last year, I want to recognize my team for all the hard work, long hours, and effort they have put in.” Clyde Wafford, President of OrionNet Systems said.

As always, we want to thank our customers for their continued support and patience as we continue to work hard to improve ThinkHealth.



ADHD diagnosis puts girls at much higher risk for other mental health problems

Girls with attention deficit hyperactivity disorder are at higher risk than girls without ADHD for multiple mental disorders that often lead to cascading problems such as abusive relationships, teenage pregnancies, poor grades and drug abuse, psychologists report.

We knew the girls with ADHD would have more problems than the girls without ADHD, but we were surprised that conduct disorder and oppositional defiant disorder were at the top of the list, not depression or anxiety.

[More Information](#)

Mental Health: More Than A Military Issue

Depression should be talked about with the same candor as say, diabetes. But we have quite a ways to go in recognizing what it looks like – and stripping away the shame attached to mental health conditions, says Rory Brosius.

Brosius is deputy director of [Joining Forces](#), an initiative launched in 2011 by first lady Michelle Obama and Jill Biden, wife of Vice President Joe Biden, to help military personnel transition to civilian life

[More Information](#)

MARK YOUR CALENDAR

October 1 – 31

[National Breast Cancer Awareness Month](#)

National Breast Cancer Awareness Month Board

October 1 – 31

[National Bullying Prevention Month](#)

PACER Center, Inc.

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October 1 – 31

[National Down Syndrome Awareness Month](#)

National Down Syndrome Society

[More Information](#)

October 1 – 31

[Sudden Infant Death Syndrome Awareness Month](#)

First Candle/SIDS Alliance

October 14

[Stop America's Violence Everywhere \(SAVE\) Today](#)

American Medical Association Alliance

October 8– 11

[Institute on Psychiatric Services: Mental Health Services Conference](#)

American Psychiatric Association

[More Information](#)

October 4-10

[Mental Illness Awareness Week](#)

National Alliance on Mental Illness

October 8

[OHCA Board Meeting](#)

OHCA

[More Information](#)

October 14

[Drug Utilization Board Meeting](#)

OHCA

[More Information](#)

October 12

Columbus Day

[More Information](#)

October is
**Breast Cancer
Awareness
Month**



[More Information](#)
October 23
Board approved Supervisor
Training
Tulsa
[More Information](#)

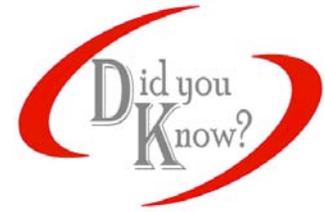
October 31
Halloween

The Disaster Distress Helpline 1-800-985-5990 is ready to provide immediate crisis counseling to people who may be affected by Hurricane

Substance Abuse and Mental Health Services Administration (SAMHSA), the Helpline immediately connects callers to trained and caring professionals from the closest crisis counseling center in the nationwide network of centers. The Helpline staff will provide confidential counseling, referrals and other needed support services.

“When disaster strikes, people react with increased anxiety, worry and anger. With community and family support, most of us bounce back. Some may need extra assistance to cope with unfolding events and uncertainties,” said SAMHSA Principal Deputy Administrator Kana Enomoto. “People seeking emotional help in the aftermath of a disaster can now call 1-800-985-5990 or text TalkWithUs to 66746 and begin the process of recovery.”

[More Information](#)



OCTOBER is ...

**National Breast Cancer
Awareness Month**

**National Down Syndrome
Awareness Month**

**National Disability Employment
Awareness Month**

**National Physical Therapy
Month**

**National Medical Librarians
Month**

**Stop American’s Violence
Everywhere Today**

**Sudden Infant Death Syndrome
Awareness Month**

**Mental Illness Awareness Week
National Domestic Violence
Awareness Month**

**National Physical Therapy
Month**

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Challenges await behavioral health counselors

The behavioral health staff at the community health center is in place - and faces the challenge of finding services for patients. With the addition of Sarah Paul and Wanda Rohl, the Knox County Community Health Center now has a full compliment of three behavioral health counselors.

While Rohl, Paul and Judy Lee — who has been with the health center for two years — will put a dent in the county’s underserved community, the trio of

5 Distressing Realities About The State Of Mental Health In America

One in five American adults will experience a mental health disorder in a given year. That makes it highly likely many of us know someone who is dealing with a psychological condition. But when it comes to understanding these disorders, we often fall flat.

In honor of [World Mental Health Day](#), we rounded up some of the most important mental health discoveries made this year. If anything, they’re



ThinkHealth
Practice Management Software

software solutions for the behavioral health industry

with patients in the county's underserved community, the trio of counselors said they face the challenge finding psychiatrists and physicians for referrals.

[More Information](#)

important mental health discoveries made this year. If anything, they're proof that continued education and advocacy is critical when it comes to making life easier for those diagnosed:

[More Information](#)

Mental illness genetically linked to drug use and misuse

There are many reports of drug use leading to mental health problems, and we all know of someone having a few too many drinks to cope with a bad day. Many people who are diagnosed with a mental health disorder indulge in drugs, and vice versa. As severity of both increases, problems arise and they become more difficult to treat. But why substance involvement and psychiatric disorders often co-occur is not well understood.

In addition to environmental factors, such as stress and social relationships, a person's genetic make-up can also contribute to their vulnerability to drug use and misuse as well as mental health problems. So could genetic risk for mental illness be linked to a person's liability to use drugs?

This question has been addressed in a new study, published in the open-access journal *Frontiers in Genetics*.

[More Information](#)



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